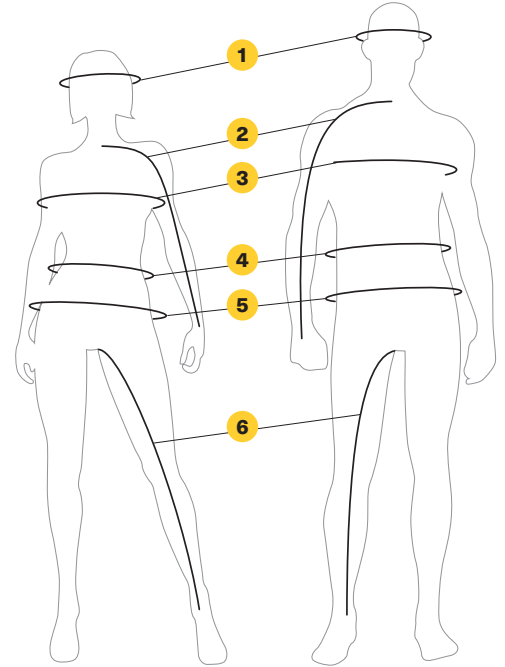


HOW TO MEASURE

- For best results, have someone else take measurements.
- Measure body in underwear.
- Tape must be snug but not tight.
- If measurements fall between two sizes, order the larger size.

1 HEAD	Around your head, from the center of the forehead, above the ears and over the natural bump at the back of the head.
2 ARM LENGTH	Let the hands hang down on the side in a slightly bent position. Measure from the center of the back of your neck, along the length of your arm, to the wrist.
3 CHEST / BUST	Measure under your arms, around the fullest part of your chest.
4 WAIST	Measure around your natural waistline, keeping one finger between the tape and body.
5 HIPS	Across the fullest part of the seat.
6 INSEAM	Without shoes, from crotch to the floor.



WHAT CODE REPRESENTS YOUR SIZE?

1. Find your size.
2. The corresponding code is **THE CODE** you use to complete the part number on your order. **Example:** 440227__90 Size: M = Code "06", therefore 4402270690

SIZE	CODE	SIZE	CODE	SIZE	CODE	SIZE	CODE	SIZE	CODE	SIZE	CODE	SIZE	CODE
One Size	00	XL	12	4XLT	19	6	25	13	33	7-8	54		
XS	02	XLT	13	5XL	88	7	27	14	34	10-12	49		
S	04	2XL	14	1	20	8	28	16	35	14-16	50		
M	06	2XLT	15	2	21	9	29	18	78	S/M	72		
MT	07	3XL	16	3	22	10	30	3-4	79	M/L	91		
L	09	3XLT	17	4	23	11	31	5-6	52	L/XL	73		
LT	10	4XL	18	5	24	12	32	6-8	48				

APPAREL & SPORTSWEAR

MEN'S-5'7"- 6'0"

	XS	S	M	L	XL	2XL	3XL
Chest	34-36	36-38	38-41	41-45	45-49	49-53	53-57
Waist	28-30	30-32	32-35	35-39	39-43	43-48	48-52
Hips (seat)	34-36	36-38	38-41	41-45	45-49	49-53	53-57
Arm length	30	31	32	33	34	35	35
Inseam	31	31 ½	32	32	32	32	32

LADIES'-5'3"- 5'8"

	XS	S	M	L	XL	2XL	3XL
Chest	32-34	34-36	36-39	39-42	42-46	46-50	50-54
Waist	26-28	28-30	30-33	33-36	36-40	40-44	44-48
Hips (seat)	35-37	37-39	39-42	42-45	45-49	49-53	53-57
Arm length	30	30	30 ½	31	31 ½	32	33
Inseam	30	30	30	30	30	30	30

GLOVES (measure palm width)

MEN'S

	S	M	L	XL	2XL	3XL	LADIES'				
	S	M	L	XL	2XL	3XL	S	M	L	XL	2XL
Palm (inches)	3 ¼	3 ½	4	4 ½	5	5 ½	2 ¾	3	3 ½	4	4 ½
Palm (cm)	8	9 ½	10	11.5	13	14	7	8	9	10	11.5

HELMETS

MEN'S & LADIES'

	XS	S	M	L	XL	2XL	3XL
Head (inches)	20 7/8-21 ¼	21 5/8-22	22 3/8-22 ¾	23 3/8-23 5/8	24-24 3/8	24 ¾-25 1/8	25 ½-25 7/8
Head (cm)	53-54	55-56	57-58	59-60	61-62	63-64	65-66

JUNIOR

	S	M	L
Head (inches)	19 ¼-19 ¾	20-20 7/8	20 7/8-21 ¼
Head (cm)	49-50	51-52	53-54